



East Invicta Amateur Swimming Association

Affiliated to Southern Counties A.S.A., Kent County A.S.A.
R.L.S.S. (Kent Branch)

Reply to :-

East Invicta eXcel

East Invicta Championships 19th December 2021

Licence Number - 3SE211496

COMPETITION RULES AND MEET INFORMATION

1. General Information

- a) The meet will be held under SWIM ENGLAND Laws and Technical Rules at Dover Leisure Centre and is licensed by Swim England for entry into County Championships.
- b) Entry is open to members of clubs that are affiliated to the East Invicta Swimming Association (These are: Ashford School, Canterbury, Herne Bay, Thanet, Dover, Hythe Aqua, Folkestone, Ashford, Faversham, Kings School). Swimmers from other clubs may not enter.
- c) Age groups are as follows: 10, 11/12, 13/14 and 15 years and over. Swimmers must be at least 10 years old by midnight on 31.12.2021. All swimmers must be registered with Swim England as a Category Two member.
- d) The pool is 25 metres long with 8 lanes, anti-wave lane ropes and electronic timing in operation with continuous digital scoreboard display. Results will be available via the East Invicta website at the end of the meet.
- e) "Over the top" starts will be used in the heats at the discretion of the referee.
- f) All swimmers will be assumed to be taking part unless their club coaches withdraw them prior to the start of warm up. Coaches must withdraw any swimmers who are not present or who no longer wish to take part at the relevant desk **not later than the beginning of warm up for each session** for events in that session only.
- g) It is the decision of the promoter not to carry reserves. Time trials will not be considered
- h) All events will be swum as combined age groups and seeded slowest to fastest irrespective of age. The last three heats will be spearheaded.
- i) All events will be HDW
- j) Coaches' passes will not be issued. Clubs are expected to provide sufficient poolside staff to manage their swimmers on poolside. They must wear club branded kit, so they are clearly identifiable. A declaration of coach and helper names is required to be submitted with the entries.
- k) Entries for all events must include a licensed/Level X time achieved since Jan 1st, 2020. Times will not be amended if swimmers achieve faster times after the closing date of the competition. You must be faster than the qualifying time, in the event of over subscription the slowest swimmers will be scratched from the relevant events accordingly.
- l) Entry Fee: £3.00 per event. If each swimmer competes in all events entered the full entry fee will be refunded to the individual club.
- m) **Clubs should enter electronically using the data file which can be sent by e-mail (lynngates@live.co.uk).** A summary of all entries is required together a BACS payment to:
Nat West Bank sort code: 60-01-21 Account number: 48362409
- n) Electronic entries must be received by Wednesday 8th December 2021 emailed to Lynn Gates - lynngates@live.co.uk. Entry Fees, Coach declaration and summary of entries should be received by this date also.

2. Awards

Awards will be made to the fastest 3 in each age group in the HDW events in accordance with SWIM ENGLAND rules.

3. Photography

The SWIM ENGLAND no longer require persons wishing to film during the event to register their names, however anyone wishing to carry out video, zoom or close-range photography is still required to do so in accordance with SWIM ENGLAND Guidelines which can be found in Wave power. These conditions also apply to swimmers on poolside. It is a condition of entry to this competition that all competitors consent to photography, subject to these guidelines.

4. Results

These will be posted on the wall in the corridor between the main reception area and the balcony. They will also be available on the web site as soon as practicable after the event. There will be live results running during the gala via a link which will be made available on the day.

5. Data Protection

Swim meet entries and results will be managed on a computer, will appear on the East Invicta Website and published in the SWIM ENGLAND rankings database. By submitting entries, consent is thereby given, as required under the Data Protection Act 1984, to the holding of personal information on a computer. To comply with EU General Data Protection Regulation (GDPR) May 2018, this computer will be password protected and the entry files will be deleted once the results have been processed. The information supplied will be used to seed the entries into age groups and will not be used for any other purpose.

By submitting their entry swimmers and their parents, accept these conditions in full. Clubs will be advised by e-mail as soon as practicable after the closing date of accepted swimmers. A full list of accepted entries will also be posted on the East Invicta Website. In that refunds are required will be made available on the weekend of competition via the club from which the entry was received.

Lynn Mullins
Promoter
(compsecretaryeastinvicta@gmail.com)
07713346063

Olympic Training Sessions will be held at Dover Swimming Pool on 29th and 30th December. Places will be divided proportionally to the number of swimmers entered per club at the discretion of the Club's Head Coach. There will be a small fee for attendance,

EAST INVICTA COVID PROCEDURES AND PROTOCOLS

East Invicta is looking forward to welcoming clubs to our reduced programme Championships 2021.

The promoter reserves the right to adapt this meet to align with UK government guidance and policies on COVID restrictions and lockdowns.

The meet will only take place if COVID restrictions allow and is currently being planned on the assumption that some form of social distancing rules will be in place. The club will be working with the team at Dover Leisure Centre to ensure that this meet can operate safely and in compliance with any social distancing guidance. Everyone involved has a duty to protect each other.

As well as a potential limit on the numbers involved with the events, there may be protocols and procedures put in place around movement within the leisure centre, access times, hygiene and social distancing. It is vital that, if required, these procedures and protocols are followed and that those involved with each club proactively assist the organisers in holding a COVID secure meet.

Consultation will take place with the appropriate bodies and Dover Leisure Centre if restrictions require us to cancel the meet. If the meet is cancelled, entry fees will be refunded.

If we are required to, we will implement COVID protocols and procedures as detailed below.

DISPOSABLE FACE COVERINGS. If required, these will be available at all times for all attendees.

RETURN TO COMPETITION HEALTH DECLARATION FORM. Everybody involved - swimmers, coaches, team managers, officials, and volunteers - who is attending the event will be required to submit a Return to Competition Health Declaration Form. The online form link will be available closer to the meet and must be submitted electronically no later than Thursday 16th December 2021. Anyone who does not submit a form before this time will be unable to participate in the meet.

COVID SYMPTOMS. If anyone planning to attend the event has any COVID symptoms, or a high temperature of over 37.5°, they must not attend. If anyone has been in contact with someone who has tested positive and they are self-isolating but have a negative COVID test, then they cannot attend unless the period of self-isolation has ended. This is in line with current Government guidance - <https://www.gov.uk/coronavirus>

LATERAL FLOW TESTING. Clubs must ask all attendees to carry out a COVID LFR test within 24 hours of the meet. The results must be registered with their club and at <https://www.gov.uk/report-covid19-result>. If a test returns a positive result, the attendee, and anyone else they have had contact with, must NOT attend the meet.

TRACK & TRACE. Clubs must have current contact details for all swimmers, team managers, coaches and officials attending in case these are required for Track & Trace purposes. Clubs will be responsible for the swimmers from their club whilst at the meet. Clubs must bring a minimum of two team managers or coaches - one to remain in the sports hall and one who may be poolside. Clubs should also bring sufficient additional team managers or coaches for the number of swimmers in each session (1 per 10 swimmers) but must avoid having unnecessary people present.

We kindly ask that all team managers and coaches promote COVID protocols and procedures with their swimmers. Please ensure that social distancing rules are maintained within your team base area.

WARMUPS. Clubs will be allocated lanes and times in the main pool for warm up. During the warmup swimmers and coaches must ensure that they take no action which would endanger themselves or others. The instructions of the warmup marshals or pool staff must be obeyed at all times.

SWIM DOWN. A swim down facility will not be available

SWIMMERS NEED. Food and drink for the entire day. The café at the leisure centre may not be operational and there is a limited choice of vending machines within the leisure centre.

SPECTATORS. Currently the Leisure Centre are allowing spectators. If Government guidance should change you will be advised.