



East Invicta Amateur Swimming Association

Affiliated to Southern Counties A.S.A., Kent County A.S.A.
R.L.S.S. (Kent Branch)

Reply to :-

November 12th, 2016

33 Crabble Lane
River
Dover CT17 0LS
scott@doverlifeguard.co.uk
0771 422 5282

Olympic Training Camp – Kingsmead Leisure Centre – December 29th & 30th

Congratulations you have been selected to take part in this year's Olympic Training camp at Kingsmead Leisure Centre on December 29th & 30th, 2017. There will be a charge of £40 per participant as a contribution to the cost which as you can appreciate is significantly underwritten by East Invicta. It will be hosted by Caitlin McClatchie and Liam Tancock.

Team Managers will be Lee and Kate Langford

You will be required to arrive at Kingsmead at 0830hrs. Parents are welcome to stay and watch during the pool and land based activities. The event will finish on Thursday afternoon. There will be a short debrief session at the end so swimmers should be ready to leave by about 1700hrs. During the camp there will be land training sessions and two pool swimming sessions each day. Final timetable and list of participants will be placed on the East Invicta website the week prior to Christmas.

Athletes will be required to bring at least two towels and swimming costumes each day, normal pool training equipment, lace up training shoes, shorts and tee shirt, track suit and sweat shirt. Meals will not be provided so swimmers should bring with them sufficient food for the day and at least 2 litres of fluid (not fizzy drinks!!!). This can of course be concentrate as facilities will exist for making up drinks.

All children who attend are required to have a completed medical consent form. These should be returned with a cheque made out to East Invicta ASA for £40 and be with me by Saturday December 9th. I will be selecting reserves to fill any place not taken up by this time and your place will be re-allocated, so please ensure your paperwork arrives with me on the due date to avoid disappointment. Photographs may be taken and used for subsequent media coverage. The images may be used in marketing material, publications and on websites. By signing the booking form you have given your full consent. If you have any questions please feel free to call me.

Scott Walker
East Invicta Competition Secretary

Booking Form

Olympic Training Camp – Kingsmead Leisure Centre, Canterbury – December 29th & 30th, 2017

Code of Conduct

Our aim is to ensure that participation in swimming activities is an enjoyable experience for all of those taking part. Behaviour and personal conduct must at all times be of a high standard and designed to reflect favourably on the sport and the East Invicta Swimming Association. Any other behaviour is totally unacceptable. Swimmers are expected to remain within the Sports Centre at all times. Under no circumstances are children permitted to leave the building without the express permission of the Team Manager.

Children must comply with any reasonable instructions from the Team Manager.

Smoking or consumption of alcohol is not permitted at any time.

Personal Appearance shall be appropriate to the circumstances and as indicated by the Team Manager.

Accommodation and transport as allocated by the Team Manager must be used.

The East Invicta Swimming Association will take no Responsibility for the personal possessions of those attending.

No responsibility will be accepted for any child who does not comply with these restrictions.

Commitment

I have read and understood the Code of Conduct and agree to comply with it. I understand that I may be sent home early if I fail to comply with any of the above. I enclose payment of £40. (Cheques payable to East Invicta ASA cash will not be accepted) I understand that photographs may be taken and used for subsequent media coverage. The images may be used in marketing material, publications and on websites by East Invicta. They will not be used for commercial gain.

Swimmer's name _____ Club _____

PB Times: 200m IM _____ 200m F/style _____

(These will be used to allocate swimmers to training groups if you do not fill something in I will use the times from last year's championships which will not be up to date. If you don't have them speak to your coach they will have a better idea than me)

Signed: _____ Signed: _____ Date _____
(Swimmer) (Parent or Guardian)

Send completed form to:

Mr J S Walker

East Invicta Training Camp
33 Crabble Lane
River
Dover
CT17 0LS

scott@doverlifeguard.co.uk

A medical consent form must be returned with this booking.

Paperwork must be received by Saturday December 9th.