

East Invicta eXcel - By-Laws

1. East Invicta eXcel Performance Squad Selection Criteria.

Membership of the East Invicta eXcel performance squad is based on the following criteria

- a. Achievement of SER QTs as published by the SE ASA
These times must be visible on the ASA ranking lists and be achieved
 - for an EI eXcel Club
 - within 4 months of start of the championships and
 - before the 'closing date' stipulated by the SE ASA
- b. It has been practice in the last few years that the SER ASA has allowed swimmers who are 'near to automatic qualifying times' to compete at the championships. In years where this occurs, the coaching committee (see point 7) can relax the qualifying time by a set percentage to allow membership of the East Invicta eXcel Performance Squad.
- c. Be selected to represent East Invicta as a member of a relay squad. Relay squad membership will involve the fastest 4 swimmers for each relay as evident on the ASA ranking list. The coaches committee will select relay teams which it considers competitive. This being defined as capable of finishing in the top 8 in the SER Championships.
 - i. In the case where a swimmer does not wish to swim in the relay (as they are competing in an individual event for example) the 5th fastest swimmer will be selected. This process will continue with the 6th and 7th fastest etc.
 - ii. In the case where the coaches committee decide to enter multiple relay teams in an event it will be composed of swimmers who can together compose a relay team that can achieve a top 8 position in the SER championships
 - iii. It is possible, in cases 4bi and 4bii, that swimmers who are selected for relay teams, would not make individual times allowing for qualification for the SER Championships. In this case, these swimmers will be considered a full member of the eXcel performance squad provided the team for which they have been selected actually competes.
 - iv. It is possible that swimmers who have not achieved the SER qualifying times will be invited to train with the performance squad should they be in contention for a relay team place. Dependent on performance and team membership the coaches' selection committee may chose not to enter that team or use that individual in a selected team. Should either of these situations be the case the swimmer or swimmers concerned will not be invited to subsequent performance squad training sessions and will not be considered a member of the eXcel performance squad.
- d. At the start of each competitive season- usually in September each year, it is assumed that EI eXcel Performance squad membership status will continue from the previous season
 - i. provided EI eXcel Club membership is maintained
 - ii. conditions 1a, 1b, 1ci, 1cii, 1ciii and 1civ are achievedIn the case where the swimmer has not achieved the requisite SER ASA qualifying time by the deadline stated by the SER ASA the swimmer will be moved to the development squad.

2. Membership of the East Invicta eXcel development squad will be based on the following criteria:

- a. Achievement of Kent County ASA QTs as published by the Kent County ASA - These times must be visible on the ASA ranking lists and be achieved
 - for an EI eXcel Club
 - within 4 months of start of the championships and
 - before the 'closing date' stipulated by the Kent County ASA
- d. At the start of each competitive season, Usually in September each year, it is assumed that EI eXcel development squad membership status will continue from the previous season
 - i. provided EI eXcel Club membership is maintained
 - ii. The swimmer has competed in the Kent County Championships in the previous season
 - iii. Condition 2a is achieved

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- In the case where the swimmer has not achieved the requisite Kent County ASA qualifying time by the deadline stated by the Kent County ASA the swimmer will be removed from the development squad.

3. Competing at National, Zonal and SER championships.

Swimmers shall enter as East Invicta eXcel.

4. Competing as East Invicta eXcel

In the SER and national swimming championships and other events which are in accordance with the East Invicta Constitution all swimmers and coaches will be dressed in East Invicta eXcel club kit (see point 7)

5. East Invicta eXcel Club Kit and Programme Credits

The minimum requirement for Club kit will be the approved East Invicta eXcel t-shirt and swim-cap. The t-shirt will have the East Invicta logo on the t-shirt and the swimmers' home club written in similar sized font. Where possible, event programmes will have swimmers nominated as East Invicta eXcel/Home club. Should this not be possible (normally due to computer system limitations) credit will be given elsewhere in the programme to the member clubs of East Invicta eXcel.

6. The East Invicta eXcel Development Squad

The purpose of the East Invicta eXcel Development Squad is to ensure that swimmers currently not on the performance squad are given the opportunity to develop and achieve the selection criteria for performance squad membership. Membership of the East Invicta eXcel Development Squad is based on the achievement of the Kent Country qualification times.

7. Movement of Swimmers Between members clubs

The East Invicta eXcel initiative does not promote movement of swimmers between member clubs. However, it recognises that this is a personal matter for swimmers and their parents and as such it will continue. In these cases the movement will be handled in the following manner:

- a. The receiving coach will ask the moving swimmer to inform the previous coach of their potential move.
- b. The receiving coach will inform the swimmer that they will be contacting the previous coach to let them know of the situation. Clearly the receiving coach would then contact the previous coach - this to be done face to face or by telephone. If that is not possible then as a last resort contact should be made by e-mail.
- c. The previous coach WILL NOT discriminate against the swimmer should the trial at the new club not work out. Likewise any negative comments from other swimmers will be strongly discouraged.
- d. These guidelines will be followed whether or not a swimmer is moving from a club that has chosen not to participate within East Invicta eXcel.